

ICE OR COOL COMPRESS AS NEEDED

FOR SWELLING, TAKE A DAILY ANTIHISTAMINE (CLARITIN, ZYRTEC, ALLEGRA) AND AN OTC BENADRYL AND PEPCID FOR SWELLING AT NIGHT AS NEEDED

DO NOT APPLY MAKEUP FOR 24 HOURS

IGNORE ANY LUMPS, BUMPS, OR ASYMMETRICAL SWELLING FOR 2 WEEKS

NO WORKING OUT, SAUNAS, WHIRLPOOLS, OR SWIMMING FOR 24 HOURS

CALL 440-249-5516 IF YOU NOTICE DUSKY, GREY BRUISING THAT TRACKS OUTSIDE THE TREATMENT AREA OR HAVE SEVERE PAIN

> Please text or e-mail our office with any questions or concerns: (440) 249 - 5516 info@revital.health

> > RevitalSkinHealth.com