



REVITAL
MEDICAL AESTHETICS

KYBELLA

Aftercare

SWELLING, BRUISING, REDNESS AND INFLAMMATION IS TO BE EXPECTED 3-7 DAYS AFTER KYBELLA TREATMENTS.

ICE TREATED AREA FOR 3-5 MINUTES AT A TIME FOR ADDED COMFORT IN THE FIRST 24 HOURS.

- **TO ALLOW FOR NATURAL HEALING MECHANISMS TO TAKE PLACE IN THE BODY, AVOID NSAIDS OR ANY TYPE OF ORAL OR INJECTABLE ANTI-INFLAMMATORIES. EX. (IBUPROFEN, MOTRIN, ADVIL)**

TYLENOL CAN BE CONSUMED AS DIRECTED FOR ADDED COMFORT.

AVOID SALTY FOODS AS THIS CAN INCREASE SWELLING TO THE AREAS EVEN MORE THAN WHAT IS TO BE EXPECTED.

NO EXERCISE FOR 48 HOURS POST TREATMENT!

- **ELEVATE THE HEAD ABOVE THE LEVEL OF THE HEART WITH 1-2 PILLOWS TO ASSIST WITH THE DECREASE IN SWELLING.**

USE ARNICA MONTANA GEL/CREAM, AS DIRECTED, TO REDUCE THE APPEARANCE OF A BRUISE.

BRUISING CAN BE PIN POINT AND CAN BE COVERED WITH MAKE-UP OR CONCEALER.

Please text or e-mail our office with any questions or concerns:

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