NO WORKING OUT, EXERCISE, OR HEAVY LIFTING FOR 24 HOURS

NO SAUNAS OR WHIRLPOOLS FOR 24 HOURS

DO NOT LAY DOWN FOR 4 - 5 HOURS AFTER INJECTIONS

WAIT AT LEAST 4 HOURS TO REAPPLY MAKEUP

WASH UP AND AWAY FROM THE EYES WHEN YOU WASH YOUR FACE THE NIGHT OF INJECTIONS

SORENESS AT THE INECTION SITE IS COMMON AND WILL SUBSIDE

SOME AREAS MAY KICK IN FASTER THAN OTHERS AND YOU HAVE SOME ASYMMETRIES UNTIL THE FULL EFFECT KICKS IN AT THE 14 DAY MARK. THIS IS NORMAL & ALMOST ALWAYS RESOLVE BY DAY 14. WAIT A FULL 2 WEEKS TIL YOUR FOLLOW-UP APPOINTMENT BEFORE CONTACTING THE OFFICE AS WE WILL NOT INJECT ANY FURTHER MEDICATION UNTIL A FULL 2 WEEKS.

TEXT 615-628-7671 WITH ANY QUESTIONS!

Please text or e-mail our office with any questions or concerns:

(440) 249 - 5516

info@revital.health