



IT IS NORMAL TO EXPERIENCE BRUISING, REDNESS, ITCHING, SWELLING AND/OR SORENESS THAT MAY LAST FROM 2-5 DAYS FOLLOWING YOUR TREATMENT. IF YOU EXPERIENCE ANY PAIN OR DISCOMFORT YOU MAY TAKE TYLENOL OR OTHER ACETAMINOPHEN-CONTAINING PRODUCTS AS DIRECTED.

YOU MAY NOTICE A TINGLING SENSATION WHILE THE CELLS ARE BEING ACTIVATED.

IN RARE CASES, SKIN INFECTION OR REACTION MAY OCCUR, WHICH IS EASILY TREATED WITH AN ANTIBIOTIC OR INFLAMMATORY. PLEASE CONTACT OUR OFFICE IMMEDIATELY IF YOU NOTICE UNUSUAL DISCOMFORT.

TRY TO REFRAIN FROM APPLYING ICE TO THE INJECTED AREA AS ICE ACTS AS AN ANTI-INFLAMMATORY. ICE OR COLD COMPRESSES CAN BE APPLIED TO REDUCE SWELLING IF REQUIRED.

CONTINUE TO AVOID ASPIRIN, ADVIL, MOTRIN, IBUPROFEN, NAPROXEN, VOLTAREN AND OTHER ANTI-INFLAMMATORY MEDICATIONS FOR 3 DAYS AFTER YOUR PROCEDURE (IF POSSIBLE, TRY FOR 7 DAYS).

AVOID VIGOROUS EXERCISE, SUN AND HEAT EXPOSURE FOR AT LEAST 2 DAYS AFTER YOUR TREATMENT.

FOR THE FIRST 3 DAYS, USE SHAMPOO THAT IS PH BALANCED.

DO NOT USE ANY HAIR PRODUCTS FOR AT LEAST 6 HOURS AFTER YOUR TREATMENT.

BE SURE TO TAKE A HOT SHOWER AND WASH YOUR HAIR THAT EVENING, AFTER THE TREATMENT, TO PROMOTE THE EFFECTS OF PRP.

AVOID SAUNAS, STEAM ROOMS, SWIMMING FOR 2 DAYS AFTER YOUR TREATMENT.

AVOID ALCOHOL, CAFFEINE, AND SMOKING FOR 3 DAYS AFTER TREATMENT. SMOKERS DO NOT HEAL WELL, AND PROBLEMS RECUR EARLIER, AND RESULTS MAY TAKE LONGER.

AVOID RESUMING MINOXIDIL (FORMULA 82M, ROGAINE®), HAIR COLORING, AND STRAIGHTENING FOR 3 DAYS.

Please text or e-mail our office with any questions or concerns: (440) 249 - 5516 info@revital.health

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